

## Wrestling

Date	Day	<b>Opponent</b>	Time	<b>Place</b>	<u>Rel.</u>	Lv.
11/4/19	Monday	Take Down Tourney	3:45pm	Centennial	2:20	2:30
11/7/19	Thursday	Westwood	3:45pm	Westwood	2:10	2:20
11/13/19	Wednesday	East Valley	3:45pm	East Valley	2:15	2:25
11/18/19	Monday	Centennial	3:45pm	Freeman		
11/26/19	Tuesday	<b>OPEN Match</b>				
12/4/19	Wednesday	Cheney	3:45pm	Freeman		
12/11/19	Wednesday	ALL LEAGUE	3:00pm	East Valley	1:35	1:45

## Notes:

\*Practice Starts: Monday, October 21st

\*All players must have 8 practices before they may participate in their first game.

\*All uniforms will be collected at the end of the last game. Those who are traveling to an away game will need to bring a change of clothes.

<u>Coaches</u>

Mike Allen & Dustin Reed

## \*Directions to Schools on Back Side\*

## **Directions to Schools**

<ul> <li>Centennial Middle School</li> <li>915 N. Ella Rd. Spokane Valley, WA <ul> <li>Start at school and go to WA-27. Turn left.</li> <li>Turn left onto E. Dishman-Mica Rd.</li> <li>Follow through to E. Broadway Ave.</li> <li>Turn left on Broadway to Ella.</li> <li>Turn right on Ella to Centennial MS.</li> </ul> </li> </ul>	<ul> <li>East Valley Middle School</li> <li>4920 N. Progress Rd. Spokane Valley, WA <ul> <li>Start at the school and go to WA-27.</li> <li>Turn left and go to 32<sup>nd</sup> Ave.</li> <li>Turn right and go to Sullivan Rd.</li> <li>Turn left and follow Sullivan Rd. to Wellesley Ave.</li> <li>Turn left and go to Progress Rd.</li> <li>East Valley MS is on the right.</li> </ul> </li> </ul>
<ul> <li>Westwood Middle School</li> <li>6120 S. Abbott Rd. Spokane, WA <ul> <li>Start at the school and go to WA-27. Turn left.</li> <li>Drive to I-90.</li> <li>Merge onto I-90 West.</li> <li>Take Exit 276 toward Geiger Field/State Patrol.</li> <li>Keep left at the fork to go on S. Grove Rd.</li> <li>Turn left onto W. Hallett Rd.</li> <li>Take the first left onto S. Abbott Rd. and Westwood MS is on the left.</li> </ul> </li> </ul>	<ul> <li>Cheney Middle School</li> <li>2716 N. 6<sup>th</sup> St. Cheney, WA <ul> <li>Start at FMS and go to WA-27. Turn left.</li> <li>Drive to I-90.</li> <li>Merge onto I-90 Est.</li> <li>Take Exit 270, Cheney/Four Lakes.</li> <li>Stay straight on WA-904.</li> <li>Turn right on Betz Rd.</li> <li>Cheney MS is on the left.</li> </ul> </li> </ul>